



# Fyling Hall Matters

Friday 2<sup>nd</sup> October (Issue 2)

## Is Vegetarianism Just a Fad?

Once mocked for being a diet for rabbits and tree-huggers, vegetarianism is becoming more and more popular. Some praise this diet for its health benefits; others give up meat for animal or environmental concerns.

Whatever the reason, the vegetarian community at Fyling Hall is now bigger than ever. At the moment, the school caters for over 20 vegetarians, including staff members who make up about half of this number.

The school cooks say they have no problem with preparing separate food for non-meat eaters, as long as they are on this diet for the right reasons. 'We don't want people signing up for vegetarian meals if they are going to give it up after a few weeks. Vegetarianism shouldn't become another fad diet.'

A Year 12 student who recently became vegetarian admits: 'When I lived at home, I used to have meat once or twice a week. If I eat it too often, I feel heavy. That's the reason why I decided to go full-time vegetarian.'

Other students say they have tried vegetarian food and liked it but their strong affection for bacon and chicken remains unchanged. Whether we should expect a further increase in the number of vegetarians is uncertain. One thing is for sure, we as students should educate ourselves about the importance of a nutritious and ethical diet and try to make conscious decisions about what we eat.

(Asia Koter)

### On this week ...

...in 1869 Mahatma Gandhi was born. Gandhi spent his life fighting for Indian independence. He was an astute political campaigner who fought for Indian independence from British rule and for the rights of the poor. Today there are many groups trying to impose their views on people by violence. In contrast, Gandhi was greatly respected for his peaceful strategies. He disapproved of violence and he believed that all problems can be solved with words, not violence. Gandhi's birthdate was marked with International Non-Violence day by the United Nations on 15<sup>th</sup> June 2007. Maybe some of today's groups can take their inspiration from the Mahatma Gandhi peaceful approach to protest.

(Jack Starkey)



Year 7 History Trip to Whitby Abbey

### Words of the Week

This week      Next week

Tricky:    **Protect**      **Honest**

Trickier:    **Conceal**      **Reasonable**

Trickiest:    **Ensnice**      **Equitable**

### Review: Alan Ayckbourn's "Heroes Welcome"

On Wednesday 30<sup>th</sup> of September, some of the Year 10 and 11 pupils went to Alan Ayckbourn's 79<sup>th</sup> and latest play: "Hero's Welcome" at the Stephen Joseph Theatre. Alan Ayckbourn summarised the plot to me as a play that "is about the prodigal son, Murray, coming back to his home town." However, instead of the welcome he was expecting, Murray finds himself in trouble with many of the local residents. The play is full of dramatic twists and turns, witty dialogue and thought provoking themes. All of the pupils loved it. Charles (Year 10) said "it was a fast paced play that kept me interested all of the way to the end."

(Guest Journalist: Lucas Ayckbourn)

## Rugby Report

Last Saturday our U15 Rugby team played Ashville's U15s at home. Within the hour before the game our already altered team saw itself being changed further. I was moved from flanker to fly half and eventually to second row within the space of 10 minutes.

Ashville won the toss and chose to kick. The ball bounced once. I scooped it up and ran straight at their pack. Before my mind could catch up, I found myself running past 7 of their men and being held up in a maul by most of their backs.

Our captain, Ethan, expertly took the ball from my hands and spun out of the maul only to beat their remaining defence and score a crucial try. From this early score, our team managed to devastate Ashville's morale. 6 tries up and Fyling Hall was in control. Substitutes were made and conversions scored. The match ended a 53-5 victory for our U15s.

The match also proved a personal victory for young Johannes. In the post-match talk Mr. Coates gave special mention to his advancements in tackling. All in all, it was a victory for a side which had been demoralised by last week's buffeting by Red House. A monumental improvement and we can only pray that Ashville don't come up against Red House this season... for their sakes.

(Asa Jones)



Year 3 and 4 pupils have been learning about solids and liquids in science...by baking!

## Water on Mars!

In recent news, scientists have found water on Mars. According to researchers, it increases the possibility of life on Mars. The liquid runs down craters for hundreds of miles and leaves dark trails behind them.

Images taken from the orbit of Mars show a very rocky terrain full of valleys which are streaked with the liquid that in most active spots make a fan shape.

Finding water on Mars is a huge scientific discovery, not just for scientists specifically interested in space, but for everyone! This means that Mars may have signs of plants and life forms.

The new film 'Martian' or any other sci-fi film about Mars that you may have seen, might not be as impossible to believe as you first thought.

(Elfie Field)

## The World According to Tom...



## The Week Ahead

<b>Sat 3rd</b>	10:00am	Open Morning
	11:00am	U13 Rugby & Hockey v Queen Ethelburga's (Away)
	6:00pm	Cinema trip
<b>Sun 4th</b>	10:30am	Harvest festival service at St Stephehns
<b>Tues 6th</b>	9:00am	Year 10 careers in focus (Harrogate)
	10:00am	10's Rugby festival @ Scarborough RUFC
<b>Wed 7th</b>	2:30pm	1st XV Rugby v Scarborough College (Home)
	4:00pm	U13 Netball v CCW (Away)
<b>Sat 10th</b>	10:30am	U14, U12 Rugby v Hull Collegiate (Home)
	1:15pm	Splash session @ Scarborough indoor pool
<b>Sun 11th</b>	9:30am	Karting @ Teesside

## News Team

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